

## MARCH 2021

### Birth Choice of Dallas' Earn While You Learn program

8610 Greenville Ave., suite 200, Dallas 75243 214.631.2402

Sun	Mon	Tue 12:45-2:00	Wed	Thu 12:45-2:00	Fri	Sat
	1	2	3	4	5	6
		Infant Expectations <i>and</i> Infant Hygiene		Toddler Play <i>and</i> Accidents		
7	8	9	10	11	12	13
		Postpartum Depression <i>and</i> Going It Alone		Toddler Nutrition <i>and</i> Toddler Oral Health		
14	15	16	17	18	19	20
		At Risk Pregnancy <i>and</i> Smoking/ Drinking/Drugs		Creating Motivation <i>and</i> Creating Honesty		
21	22	23	24	25	26	27
		Shaken Baby Syndrome <i>and</i> Expecting Twins & More  Being a Father: 6:30 PM		Creating Courage <i>and</i> Creating Kindness		
28	29	30	31			
		Simply Breastfeeding: Goals <i>and</i> Benefits <i>and</i> Your Breast Milk				

\*\*\*Highlighted yellow classes are pregnancy related\*\*\*

\*\*Highlighted green classes are for fathers only\*\*

Because of Covid all classes will be online. **To register:**

1. Find Birth Choice Facebook page.
2. Click the upcoming class event.
3. Scroll to “details” and click the “register here” link.
4. Wait for the Zoom link to be emailed to you on the DAY OF the class at 10 AM